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8 IN THE UNITED STATES DISTRICT COURT
9 FOR THE DISTRICT OF OREGON

10 IRINA K. BENDER,

Civil No. 07-459-AA
OPINION AND ORDER

11 Plaintiff,

12 vs.

13 MICHAEL J. ASTRUE,
Commissioner of Social Security,

14 Defendant.

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26 AIKEN, Judge:

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1 office manager, and as an enlisted processing assistant with the
2 United States Navy. Tr. 91, 126, 450-51. Plaintiff alleges
3 disability since August 9, 2002, due to hypothyroidism and
4 fibromyalgia. Tr. 12, 66, 90.

5 STANDARD OF REVIEW

6 This court must affirm the Secretary's decision if it is
7 based on proper legal standards and the findings are supported by
8 substantial evidence in the record. Hammock v. Bowen, 879 F.2d
9 498, 501 (9th Cir. 1989). Substantial evidence is "more than a
10 mere scintilla. It means such relevant evidence as a reasonable
11 mind might accept as adequate to support a conclusion."
12 Richardson v. Perales, 402 U.S. 389, 401 (1971) (quoting
13 Consolidated Edison Co. v. N.L.R.B., 305 U.S. 197, 229 (1938)).
14 The court must weigh "both the evidence that supports and
15 detracts from the Secretary's conclusions." Martinez v. Heckler,
16 807 F.2d 771, 772 (9th Cir. 1986).

17 The initial burden of proof rests upon the claimant to
18 establish disability. Howard v. Heckler, 782 F.2d 1484, 1486
19 (9th Cir. 1986). To meet this burden, plaintiff must demonstrate
20 an "inability to engage in any substantial gainful activity by
21 reason of any medically determinable physical or mental
22 impairment which can be expected . . . to last for a continuous
23 period of not less than 12 months. . . ." 42 U.S.C.
24 § 423(d)(1)(A).

25 The Secretary has established a five-step sequential
26 process for determining whether a person is disabled. Bowen v.
27 Yuckert, 482 U.S. 137, 140 (1987); 20 C.F.R. §§ 404.1502,
28 416.920. First the Secretary determines whether a claimant is

1 engaged in "substantial gainful activity." If so, the claimant
2 is not disabled. Yuckert, 482 U.S. at 140; 20 C.F.R.
3 §§ 404.1520(b), 416.920(b).

4 In step two the Secretary determines whether the claimant
5 has a "medically severe impairment or combination of
6 impairments." Yuckert, 482 U.S. at 140-41; see 20 C.F.R.
7 §§ 404.1520(c), 416.920(c). If not, the claimant is not
8 disabled.

9 In step three the Secretary determines whether the
10 impairment meets or equals "one of a number of listed impairments
11 that the Secretary acknowledges are so severe as to preclude
12 substantial gainful activity." Id.; see 20 C.F.R.
13 §§ 404.1520(d), 416.920(d). If so, the claimant is conclusively
14 presumed disabled; if not, the Secretary proceeds to step four.
15 Yuckert, 482 U.S. at 141.

16 In step four the Secretary determines whether the claimant
17 can still perform "past relevant work." 20 C.F.R.
18 §§ 404.1520(e), 416.920(e). If the claimant can work, she is not
19 disabled. If she cannot perform past relevant work, the burden
20 shifts to the Secretary. In step five, the Secretary must
21 establish that the claimant can perform other work. Yuckert, 482
22 U.S. at 141-42; see 20 C.F.R. §§ 404.1520(e) & (f), 416.920(e) &
23 (f). If the Secretary meets this burden and proves that the
24 claimant is able to perform other work which exists in the
25 national economy, she is not disabled. 20 C.F.R. §§ 404.1566,
26 416.966.

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DISCUSSION

At step one of the five step sequential evaluation process outlined above, the ALJ found that plaintiff had not engaged in substantial gainful activity during the time period considered. Tr. 14, Finding 2. This finding is not in dispute. At step two, the ALJ found that plaintiff had the following severe impairments: fibromyalgia and a depression disorder, NOS/adjustment disorder (with mixed anxiety and depressed mood). Tr. 14, Finding 3. This finding is not in dispute. At step three, the ALJ found that plaintiff's impairments did not meet or equal the requirements of a listed impairment. Tr. 15, Finding 4. This finding is in dispute.

The ALJ determined that plaintiff had the residual functional capacity (RFC) to

[o]ccasionally lift 10 pounds, frequently lift less than 10 pounds, stand/walk for at least 2 hours in an 8-hour workday, sit for about 6 hours in an 8-hour workday, and push/pull without limitations. Claimant is able to climb ramps/stairs, balance, stoop, kneel, crouch, and crawl frequently. Claimant is limited to never climbing ropes, ladder[s], or scaffolds and is limited to avoiding concentrated exposure to hazards. Claimant may have slight to moderate limitations in understanding/remembering/carrying out detailed instructions and responding appropriately to work pressure/changes due to varying physical symptoms.

Tr. 15, Finding 5.

At step four, the ALJ found that plaintiff could probably perform her past relevant work as a staffing specialist. Tr. 17, Finding 6. Finally, at step five, the ALJ found that, in the alternative, plaintiff could perform other work existing in significant numbers in the national economy; specifically as a circuit board assembler, an optical goods assembler, and a

1 food/beverage order clerk. Tr. 18. This finding is in dispute.

2 1. Opinion of Treating Physician

3 Plaintiff asserts that the ALJ erred by providing legally
4 insufficient reasons for rejecting the opinion of treating
5 physician, M.S. Vandembark, M.D. Tr. 397. Dr. Vandembark was
6 plaintiff's primary, treating physician for more than ten years.
7 Dr. Vandembark opined that plaintiff suffered from severe
8 fibromyalgia and related symptoms of extreme fatigue and body
9 aches which limited her to no lifting in a work environment,
10 standing and walking less than two hours out of an 8-hour
11 workday, no crouching, kneeling, stooping, crawling, climbing
12 ladders or scaffolds and only occasionally climbing stairs. Id.
13 Dr. Vandembark further opined that plaintiff must avoid
14 environmental stressors such as vibrations, she would need to
15 change positions at will and take a break every hour so she could
16 get up and move around to cope with muscle stiffness. Id. Dr.
17 Vandembark stated plaintiff is moderately limited in
18 concentration, persistence and pace due to "fog" from fatigue and
19 pain. Id. Dr. Vandembark stated that exceeding these
20 limitations would result in an exacerbation of plaintiff's
21 symptoms such that she would not be able to perform in any work
22 environment. Finally, even with these limitations in place, Dr.
23 Vandembark found that plaintiff's symptoms would flare or worsen
24 causing her to miss more than two days a month from work. Id.
25 The ALJ rejected this opinion.

26 "[G]reater weight is afforded to the opinion of a treating
27 physician than to that of [a] non-treating physician, because the
28 treating physician is employed to cure and has a greater

1 opportunity to know and observe the patient as an individual."
2 Ramirez v. Shalala, 8 F.3d 1449, 1453 (9th Cir. 1993) (internal
3 quotation omitted). A treating physician's opinion is
4 controlling when it is "well supported by medically acceptable
5 clinical and laboratory diagnostic techniques and is not
6 inconsistent" with other evidence of record. 20 C.F.R. §
7 404.1527(d)(2). When the treating physician's opinion is
8 uncontroverted, the ALJ must give "clear and convincing reasons"
9 before rejecting the opinion. Lester v Chater, 81 F.3d 821, 830-
10 32 (9th Cir. 1995). Here, Dr. Vandembark's opinion is not
11 contradicted by that of any other treating or examining
12 physician.

13 The ALJ first rejected Dr. Vandembark's opinion because "it
14 is not supported by the complete record and by claimant's
15 abilities/activities of daily living." Tr. 17. Upon a thorough
16 review of the record, I find that the ALJ failed to cite specific
17 evidence from the "complete record" that controverts Dr.
18 Vandembark's opinion regarding plaintiff's physical capacity for
19 work. In fact, the record is replete with findings supporting
20 Dr. Vandembark's opinion regarding plaintiff's physical condition
21 and limitations. See Tr. 192-93, 197, 204, 210, 212, 213, 215,
22 239, 333, 341, 343-44, 359, 373, and 406. The ALJ relies on an
23 opinion from a non-examining DDS physician (Dr. Jensen), and a
24 one-time examining psychologist (Dr. Patrick). An opinion from
25 a non-examining source "cannot by itself constitute substantial
26 evidence that justifies the rejection of the opinion of either an
27 examining or a treating physician." Lester, 81 F.3d at 821.

28 Dr. Jensen's opinion is expressed in a summary "check-the-

1 box" DDS "Physical Residual Functional Capacity Assessment Form."
2 Dr. Jensen completed the Form on December 3, 2003. An additional
3 106 pages of Kaiser/Dr. Vandebark records were added to
4 plaintiff's file in 2006 prior to the hearing. These treatment
5 notes and physician opinions were not reviewed by Dr. Jensen
6 prior to completion of the DDS Form.

7 The ALJ also relied on Dr. Patrick's opinion which stated,
8 "[f]rom a cognitive standpoint, brief screening suggests that
9 there are no more than mild limitations to [plaintiff's]
10 intellectual or related cognitive abilities." Tr. 410. Dr.
11 Patrick saw plaintiff one time and admits that he performed only
12 "brief screening," specifically he administered the MMPI-2, which
13 does not test memory or cognition. These facts diminish the
14 weight that can be accorded to Dr. Patrick's opinion. Moreover,
15 I find that Dr. Patrick's opinion does not necessarily contradict
16 Dr. Vandebark's opinion regarding plaintiff's concentration,
17 persistence or pace. Specifically, Dr. Patrick noted that
18 plaintiff is slightly to *moderately* limited regarding
19 understanding, remembering and carrying out detailed
20 instructions. Tr. 413 (emphasis added). Moreover, Dr. Patrick
21 also noted that these limitations were based on "[e]vidence for
22 cognitive slowing or 'fog' related to fibromyalgia" and that the
23 level of "impairment can be expected to vary with intensity of
24 physical symptoms." Id.

25 The ALJ also found Dr. Vandebark's opinion "less than
26 credible" because "she authorized 'time loss' in a disability
27 report from July 2005 through July 2007 - over one year
28 retroactively and nearly one year in advance." Tr. 17 (internal

1 citation omitted). It is significant that Dr. Vandebark had
2 been treating plaintiff for over ten years and was "very
3 familiar" with plaintiff's medical issues. Tr. 397. Plaintiff
4 also points out that as a Kaiser physician, Dr. Vandebark had
5 electronic access to the records of all Kaiser physicians who had
6 seen plaintiff during the relevant time period. Tr. 196-257,
7 301-77 (Kaiser records from early 2002 through 2005). Given
8 access to this information, it is not unreasonable that Dr.
9 Vandebark opined plaintiff was disabled one year prior to the
10 form at issue was completed. Similarly, based on Dr.
11 Vandebark's professional opinion, treatment history with
12 plaintiff, access to all Kaiser medical records on plaintiff, and
13 the severity of plaintiff's fibromyalgia, Dr. Vandebark's
14 opinion that plaintiff's disability would continue into the
15 future is also not unreasonable. Dr. Vandebark's opinion in
16 this regard is further supported by the information in the record
17 showing that numerous treatment modalities, including pain
18 medications, muscle relaxers, antidepressants, physical therapy,
19 a home exercise program, group counseling and use of a TENS unit,
20 failed to produce significant lasting improvement in plaintiff's
21 symptoms. Tr. 196-257, 301-77 (Kaiser treatment notes).

22 When, as here, the ALJ fails to provide adequate reasons
23 for rejecting the opinion of a treating or examining physician,
24 that opinion must be credited "as a matter of law." Lester, 81
25 F.3d at 834 (internal quotation omitted). Therefore, the court
26 credits Dr. Vandebark's opinion that plaintiff's fibromyalgia
27 was severe and that her primary symptoms were extreme fatigue and
28 body aches. Based on that opinion and the testimony of the

1 Vocational Expert (VE), I find plaintiff unable to engage in past
2 relevant work and unable to perform other work as it exists in
3 the national economy.

4 Moreover, I apply the following factors to decide whether
5 this case should be remanded for payment of benefits. They are:

6 (1) the ALJ has failed to provide legally sufficient
7 reasons for rejecting such evidence, (2) there are no
8 outstanding issues that must be resolved before a
9 determination of disability can be made, and (3) it is
clear from the record that the ALJ would be required
to find the claimant disabled were such evidence
credited.

10 Harman v. Apfel, 211 F.3d 1172, 1178 (9th Cir.), cert. denied, 531
11 U.S. 1038 (2000). Based upon application of these factors, I
12 find that it is appropriate to remand this case for payment of
13 benefits.

14 2. Plaintiff's Credibility

15 The ALJ also determined that plaintiff's statements
16 concerning her limitations were not entirely credible based upon
17 the plaintiff's activities of daily living. When a claimant has
18 medically documented severe impairments that could reasonably be
19 expected to produce some degree of the symptoms complained of,
20 and the record contains no affirmative evidence of malingering,
21 "the ALJ may reject [her] testimony regarding the severity of
22 symptoms only if he makes specific findings stating clear and
23 convincing reasons for doing so." Smolen v. Chater, 80 F.3d
24 1273, 1281-82 (9th Cir. 1996) (internal quotation omitted).
25 Further, if the "ALJ's credibility finding is supported by
26 substantial evidence in the record, we may not engage in second-
27 guessing." Thomas v. Barnhart, 278 F.3d 947 (9th Cir. 2002). A
28 general assertion that plaintiff is not credible is insufficient;

1 the ALJ must "state which . . . testimony is not credible and
2 what evidence suggests the complaints are not credible." Dodrill
3 v. Shalala, 12 F.3d 915, 918 (9th Cir. 1993).

4 Here, plaintiff has provided evidence that she suffers from
5 fibromyalgia, a disease characterized by pain and fatigue.
6 Further, there is no evidence in the record that plaintiff is
7 malingering. See Benecke v. Barnhart, 379 F.3d 587, 590 (9th Cir.
8 2004) (listing of established fibromyalgia symptoms).

9 The ALJ failed to provide clear and convincing reasons for
10 rejecting plaintiff's testimony. First, the Commissioner
11 concedes that the ALJ erred in finding plaintiff reported a
12 reduction in her depressive symptoms. Def's Brief, p. 13.
13 Second, although true that plaintiff engaged variously in some of
14 the activities listed and relied on by the ALJ to find plaintiff
15 not credible, I find no evidence or indication in the record that
16 plaintiff engaged in any of these activities with a frequency or
17 intensity that contradicts plaintiff's testimony that she can
18 only be active a short time, must rest frequently, and has
19 significant pain. In fact, the record supports plaintiff's
20 testimony that her activities are limited and accomplished with
21 difficulty. Moreover, to the extent plaintiff experienced some
22 increased functioning, those periods represent the typical waxing
23 and waning of the disease. Tr. 341, 397; see also, Benecke v.
24 Barnhart, 379 F.3d at 590.

25 The ALJ failed to provide any legally sufficient reasons
26 for rejecting plaintiff's testimony. When an ALJ improperly
27 rejects a plaintiff's testimony regarding limitations and the
28 plaintiff would deem to be disabled if the testimony were

1 credited, the court "will not remand solely to allow the ALJ to
2 make specific findings regarding that testimony." Varney v.
3 Secretary of Health & Human Services, 859 F.2d 1396, 1401 (9th
4 Cir. 1988). Therefore, I credit plaintiff's testimony as a
5 matter of law. Id.

6 **CONCLUSION**

7 The Commissioner's decision is not based on substantial
8 evidence, and is therefore, reversed and remanded for payment of
9 benefits. This case is dismissed.

10 IT IS SO ORDERED.

11 Dated this 1 day of May 2008.

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15 /s/ Ann Aiken

16 Ann Aiken
17 United States District Judge
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